



American Heart Association®

**KIDS
HEART
CHALLENGE™**

**AMERICAN
HEART
CHALLENGE™**

Heart Hero



Charlotte

Advocate, Grade 4

Charlotte was inspired to join the Kids Heart Challenge after losing her great-grandmother and great-aunt to heart problems. She had a close relationship with both of them, which made the experience very sad and painful. Charlotte wanted to help other families avoid the same loss, so she's using her voice to teach others about heart health and CPR.

She keeps her own heart strong by jumping rope, riding bikes and playing soccer, and hopes that by getting involved with the Kids Heart Challenge/American Heart Challenge, she can help more families stay healthy and happy.

The **Kids Heart Challenge** and **American Heart Challenge** funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.